The Myers Briggs Type Indicator (or MBTI for short) is a personality type system that divides everyone into 16 distinct personality types across 4 axis:

* Introversion (I) – Extroversion (E)
* Intuition (N) – Sensing (S)
* Thinking (T) – Feeling (F)
* Judging (J) – Perceiving (P)

Your personality type is a detailed classification of the innate characteristics that make you who you are. There are a total of 16 personality types. Many of today’s theories of psychological typology are based on the work of Swiss psychiatrist [Carl Jung](https://personalitymax.com/personality-types/carl-jung/), who wrote Psychological Types in 1921, and the research of [Isabel Briggs Myers and Katharine Cook Briggs](https://personalitymax.com/personality-types/isabel-briggs-myers-katharine-cook-briggs/). Jung was the founder of analytical psychology, which studies the motivations underlying human behavior.

### **Determining Personality Type**

Your personality type is determined by your [Preferences](https://personalitymax.com/personality-types/preferences/). If, for example, your four dominant preferences are Extraversion (E), Sensing (S), Feeling (F) and Perceiving (P), your personality type is ESFP. No personality type is better than another. Each person has a unique set of equally valuable characteristics. Understanding your type can be useful in many ways, including relationships, career and learning.

Take our [**Free Personality Test**](https://personalitymax.com/personality-test/) to learn what your personality type is. Your personalized report includes more than 20 pages about your personality type, preferences, [Cognitive Functions](https://personalitymax.com/personality-types/cognitive-functions/) and other aspects of your personality. You may optionally include [Multiple Intelligences](https://personalitymax.com/multiple-intelligences/) and [Learning Styles](https://personalitymax.com/learning-styles/). No registration is required. We recommend reading through the profiles below and studying the different preferences to be extra sure of your personality type since no test can determine type with 100% accuracy for every person. Our test serves as a tool to assist you in determining your type.

Extraversion is characterized by a [preference](https://personalitymax.com/personality-types/preferences/) to focus on the world *outside* the self. Extraverts are energized by social gatherings, parties and group activities. Extraverts are usually enthusiastic, gregarious and animated. Their communication style is verbal and assertive. Talking helps Extraverts think. They enjoy limelight.

Extravert Characteristics

* Gregarious
* Assertive
* Talkative
* Social/outgoing
* Likes groups, parties, etc.
* Energized by interaction
* Expressive & enthusiastic
* Volunteers personal information
* Distractable
* Has many friends
* Easy to approach

Introversion is characterized by a preference to focus on the *inside* world. Introverts are energized by spending time alone or with a small group. They find large group gatherings draining because they seek depth instead of breadth of relationships. Introverts process information internally. They are great listeners and think before talking.

Introvert Characteristics

* Energized by time alone
* Private
* Keeps to self
* Quiet
* Deliberate
* Internally aware
* Fewer friends
* Prefer smaller groups
* Independent
* Not socially inclined
* Enjoys solitude

Intuitive people live in the future and are immersed in the world of possibilities. They process information through patterns and impressions. Intuitive people value inspiration and imagination. They gather knowledge by reading between the lines. Their abstract nature attracts them toward deep ideas and concepts. They see the “big picture”.

Intuitive Characteristics

* Future-focused
* Sees possibilities
* Inventive
* Imaginative
* Deep
* Abstract
* Idealistic
* Theoretical

Sensors focus on the present. They are “here and now” people. They are factual and process information through the five senses. They see things as they are because they are concrete and literal thinkers. They trust what is certain. Sensors value realism and common sense. They especially like ideas with practical applications.

Sensing Characteristics

* Concrete
* Realistic
* Lives in the present
* Aware of surroundings
* Notices details
* Practical
* Goes by senses
* Factual

Thinking people are objective. They make decisions based on facts. They are ruled by their head instead of their heart. Thinking people judge situations and others based on logic. They value truth over tact and can easily identify flaws. They are critical thinkers and oriented toward problem solving. Thinking does not mean a person is without emotion.

Thinking Characteristics

* Logical
* Objective
* Decides with head
* Wants truth
* Rational
* Impersonal
* Critical
* Thick-skinned
* Firm with people

Feeling people are subjective. They make decisions based on principles and values. They are ruled by their heart instead of their head. Feeling people judge situations and others based on feelings and extenuating circumstances. They seek to please others and want to be appreciated. They value harmony and empathy.

Feeling Characteristics

* Decides with heart
* Dislikes conflict
* Passionate
* Driven by emotion
* Gentle
* Easily hurt
* Empathetic
* Caring of others
* Warm

Judging people think sequentially. They value order and organization. Their lives are scheduled and structured. Judging people seek closure and enjoy completing tasks. They take deadlines seriously. They work then they play. The Judging preference does not mean judgmental. Judging refers to how a person deals with day-to-day activities.

Judging Characteristics

* Decisive
* Controlled
* Good at finishing
* Organized
* Structured
* Scheduled
* Quick at tasks
* Responsible
* Likes closure
* Makes plans

Perceivers are adaptable and flexible. They are random thinkers who prefer to keep their options open. Perceivers thrive with the unexpected and are open to change. They are spontaneous and often juggle several projects at once. They enjoy starting a task better than finishing it. Deadlines are often merely suggestions. Perceivers play as they work.

Perceiving Characteristics

* Adaptable
* Relaxed
* Disorganized
* Care-free
* Spontaneous
* Changes tracks midway
* Keeps options open
* Procrastinates
* Dislikes routine
* Flexible

For more details: <https://personalitymax.com/personality-types/>

### **Further Exploration**

The personality types themselves are just the beginning. Dig into preferences, cognitive functions and some fun resources with these articles.

[**Four Temperaments**](https://personalitymax.com/personality-types/temperaments/)Each personality type belongs to one of four temperaments (SJ, SP, NT, NF). For example, INFP belongs to NF. Temperament can be thought of as the “big picture” of your personality.

[**Personality Preferences**](https://personalitymax.com/personality-types/preferences/)Preferences are a way of classifying a person’s natural tendencies. There are four pairs of opposing preferences (e.g. Extraversion vs. Introversion) for a total of eight. A person will lean more toward one than the other.

[**Cognitive Functions**](https://personalitymax.com/personality-types/cognitive-functions/)Each personality type engages the world through four cognitive functions. Each function is directed outward toward people and surroundings (Extraverted) or inward toward a person’s thoughts (Introverted).

The dataset has just two attributes: what is type of personality and on what basis the person is classified as so. Considering the classification happened by processing of the posts the people have made, there is a possibility of being able to build our own model to classify people into the 16 personalities on basis of the posts.

The posts can be processed as:

* The no. of websites they are active on: outgoing personalities
* No. of vowels ,nouns and prepositions used: people can be categorized on the basis
* Common key words between the posts of people classified as same
* And much more